

Coffee

Item Coffee O		Sugar % 8
Size 6oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	38.04	
Protein (g)	0.88	
Fat (g)	0.39	
Saturated Fat (g)	0.18	
Carbohydrate (g)	8.03	
Total Sugar (g)	6.58	
Lactose (g)	0.00	

Item Coffee		Sugar % 5
Size 6oz		Grade B
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	61.66	
Protein (g)	1.26	
Fat (g)	1.93	
Saturated Fat (g)	0.99	
Carbohydrate (g)	9.79	
Total Sugar (g)	6.50	
Lactose (g)	1.49	

Item Coffee C		Sugar % 4
Size 6oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	67.47	
Protein (g)	2.21	
Fat (g)	2.02	
Saturated Fat (g)	1.24	
Carbohydrate (g)	10.37	
Total Sugar (g)	6.58	
Lactose (g)	2.16	

Item Coffee O		Sugar % 8
Size 8oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	37.88	
Protein (g)	0.83	
Fat (g)	0.37	
Saturated Fat (g)	0.17	
Carbohydrate (g)	8.07	
Total Sugar (g)	6.69	
Lactose (g)	0.00	

Item Coffee		Sugar % 5
Size 8oz		Grade B
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	61.04	
Protein (g)	1.28	
Fat (g)	1.92	
Saturated Fat (g)	0.99	
Carbohydrate (g)	9.65	
Total Sugar (g)	6.36	
Lactose (g)	1.48	

Item Coffee C		Sugar % 4
Size 8oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	69.30	
Protein (g)	2.31	
Fat (g)	2.16	
Saturated Fat (g)	1.33	
Carbohydrate (g)	10.41	
Total Sugar (g)	6.44	
Lactose (g)	2.35	

Item Coffee O		Sugar % 8
Size 8oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	37.88	
Protein (g)	0.83	
Fat (g)	0.37	
Saturated Fat (g)	0.17	
Carbohydrate (g)	8.07	
Total Sugar (g)	6.69	
Lactose (g)	0.00	

Item Coffee		Sugar % 5
Size 8oz		Grade B
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	61.04	
Protein (g)	1.28	
Fat (g)	1.92	
Saturated Fat (g)	0.99	
Carbohydrate (g)	9.65	
Total Sugar (g)	6.36	
Lactose (g)	1.48	

Item Coffee C		Sugar % 4
Size 8oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	69.30	
Protein (g)	2.31	
Fat (g)	2.16	
Saturated Fat (g)	1.33	
Carbohydrate (g)	10.41	
Total Sugar (g)	6.44	
Lactose (g)	2.35	

Item Coffee O		Sugar % 8
Size 12oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	40.45	

Item Coffee		Sugar % 6
Size 12oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	66.82	

Item Coffee C		Sugar % 5
Size 12oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	66.25	

Protein (g)	0.88
Fat (g)	0.39
Saturated Fat (g)	0.18
Carbohydrate (g)	8.64
Total Sugar (g)	7.18
Lactose (g)	0.00

Protein (g)	1.33
Fat (g)	2.07
Saturated Fat (g)	1.05
Carbohydrate (g)	10.71
Total Sugar (g)	7.18
Lactose (g)	1.57

Protein (g)	2.05
Fat (g)	1.82
Saturated Fat (g)	1.11
Carbohydrate (g)	10.69
Total Sugar (g)	7.18
Lactose (g)	1.89

Item Coffee O		Sugar % 11
Size 12oz		Grade D
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	52.25	
Protein (g)	1.08	
Fat (g)	0.48	
Saturated Fat (g)	0.26	
Carbohydrate (g)	11.29	
Total Sugar (g)	9.49	
Lactose (g)	0.00	

Item Coffee		Sugar % 8
Size 12oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	89.25	
Protein (g)	1.55	
Fat (g)	2.78	
Saturated Fat (g)	1.42	
Carbohydrate (g)	14.49	
Total Sugar (g)	10.04	
Lactose (g)	2.22	

Item Coffee C		Sugar % 7
Size 12oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	83.82	
Protein (g)	2.44	
Fat (g)	2.34	
Saturated Fat (g)	1.46	
Carbohydrate (g)	13.61	
Total Sugar (g)	9.40	
Lactose (g)	2.61	

Item Coffee O		Sugar % 15
Size 22oz		Grade D
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	63.50	
Protein (g)	1.06	
Fat (g)	0.47	
Saturated Fat (g)	0.21	
Carbohydrate (g)	11.24	
Total Sugar (g)	9.48	
Lactose (g)	0.00	

Item Coffee		Sugar % 9
Size 22oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	97.41	
Protein (g)	1.47	
Fat (g)	3.00	
Saturated Fat (g)	1.52	
Carbohydrate (g)	16.12	
Total Sugar (g)	11.51	
Lactose (g)	2.41	

Item Coffee C		Sugar % 7
Size 22oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	101.39	
Protein (g)	2.53	
Fat (g)	2.48	
Saturated Fat (g)	1.56	
Carbohydrate (g)	14.49	
Total Sugar (g)	10.13	
Lactose (g)	2.83	

Item Coffee O		Sugar % 10
Size Canister		Grade C
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	37.64	
Protein (g)	0.85	
Fat (g)	0.38	
Saturated Fat (g)	0.25	
Carbohydrate (g)	7.98	
Total Sugar (g)	6.57	
Lactose (g)	0.00	

Item Coffee		Sugar % 5
Size Canister		Grade C
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	58.37	
Protein (g)	1.11	
Fat (g)	1.79	
Saturated Fat (g)	0.91	
Carbohydrate (g)	9.44	
Total Sugar (g)	6.40	
Lactose (g)	1.36	

Item Coffee C		Sugar % 5
Size Canister		Grade C
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	64.58	
Protein (g)	2.01	
Fat (g)	1.76	
Saturated Fat (g)	1.07	
Carbohydrate (g)	10.45	
Total Sugar (g)	7.00	
Lactose (g)	1.79	

Tea

Item Tea O		Sugar % 6
Size 6oz		Grade C
Dine In/Takeaway Dine In		

Item Tea		Sugar % 5
Size 6oz		Grade B
Dine In/Takeaway Dine In		

Item Tea C		Sugar % 4
Size 6oz		Grade B
Dine In/Takeaway Dine In		

Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	23.92
Protein (g)	0.00
Fat (g)	0.00
Saturated Fat (g)	0.00
Carbohydrate (g)	6.25
Total Sugar (g)	6.25
Lactose (g)	0.00

Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	47.03
Protein (g)	0.43
Fat (g)	1.52
Saturated Fat (g)	0.80
Carbohydrate (g)	7.89
Total Sugar (g)	6.00
Lactose (g)	1.45

Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	53.36
Protein (g)	1.33
Fat (g)	1.63
Saturated Fat (g)	1.07
Carbohydrate (g)	8.59
Total Sugar (g)	6.25
Lactose (g)	2.16

Item Tea O Size 8oz Dine In/Takeaway Dine In Hot/Cold Hot		Sugar % 6 Grade C
	Total per 100ml	
Energy (kcal)	24.43	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	6.38	
Total Sugar (g)	6.38	
Lactose (g)	0.00	

Item Tea Size 8oz Dine In/Takeaway Dine In Hot/Cold Hot		Sugar % 5 Grade B
	Total per 100ml	
Energy (kcal)	47.76	
Protein (g)	0.45	
Fat (g)	1.55	
Saturated Fat (g)	0.82	
Carbohydrate (g)	7.98	
Total Sugar (g)	6.05	
Lactose (g)	1.48	

Item Tea C Size 8oz Dine In/Takeaway Dine In Hot/Cold Hot		Sugar % 4 Grade B
	Total per 100ml	
Energy (kcal)	51.16	
Protein (g)	1.21	
Fat (g)	1.48	
Saturated Fat (g)	0.97	
Carbohydrate (g)	8.51	
Total Sugar (g)	6.38	
Lactose (g)	1.96	

Item Tea O Size 8oz Dine In/Takeaway Takeaway Hot/Cold Hot		Sugar % 6 Grade C
	Total per 100ml	
Energy (kcal)	24.43	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	6.38	
Total Sugar (g)	6.38	
Lactose (g)	0.00	

Item Tea Size 8oz Dine In/Takeaway Takeaway Hot/Cold Hot		Sugar % 5 Grade B
	Total per 100ml	
Energy (kcal)	47.76	
Protein (g)	0.45	
Fat (g)	1.55	
Saturated Fat (g)	0.82	
Carbohydrate (g)	7.98	
Total Sugar (g)	6.05	
Lactose (g)	1.48	

Item Tea C Size 8oz Dine In/Takeaway Takeaway Hot/Cold Hot		Sugar % 4 Grade B
	Total per 100ml	
Energy (kcal)	51.16	
Protein (g)	1.21	
Fat (g)	1.48	
Saturated Fat (g)	0.97	
Carbohydrate (g)	8.51	
Total Sugar (g)	6.38	
Lactose (g)	1.96	

Item Tea O Size 12oz Dine In/Takeaway Takeaway Hot/Cold Hot		Sugar % 7 Grade C
	Total per 100ml	
Energy (kcal)	26.22	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	6.85	
Total Sugar (g)	6.85	
Lactose (g)	0.00	

Item Tea Size 12oz Dine In/Takeaway Takeaway Hot/Cold Hot		Sugar % 5 Grade B
	Total per 100ml	
Energy (kcal)	52.63	
Protein (g)	0.45	
Fat (g)	1.68	
Saturated Fat (g)	0.88	
Carbohydrate (g)	8.93	
Total Sugar (g)	6.86	
Lactose (g)	1.57	

Item Tea C Size 12oz Dine In/Takeaway Takeaway Hot/Cold Hot		Sugar % 5 Grade B
	Total per 100ml	
Energy (kcal)	52.03	
Protein (g)	1.17	
Fat (g)	1.43	
Saturated Fat (g)	0.94	
Carbohydrate (g)	8.90	
Total Sugar (g)	6.85	
Lactose (g)	1.89	

Item Tea O		Sugar % 9
Size 12oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	34.80	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	9.09	
Total Sugar (g)	9.09	
Lactose (g)	0.00	

Item Tea		Sugar % 8
Size 12oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	74.42	
Protein (g)	0.63	
Fat (g)	2.37	
Saturated Fat (g)	1.24	
Carbohydrate (g)	12.63	
Total Sugar (g)	9.70	
Lactose (g)	2.22	

Item Tea C		Sugar % 6
Size 12oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	70.48	
Protein (g)	1.61	
Fat (g)	1.98	
Saturated Fat (g)	1.30	
Carbohydrate (g)	11.93	
Total Sugar (g)	9.09	
Lactose (g)	2.61	

Item Tea O		Sugar % 9
Size 22oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	46.40	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	9.09	
Total Sugar (g)	9.09	
Lactose (g)	0.00	

Item Tea		Sugar % 9
Size 22oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	83.87	
Protein (g)	0.63	
Fat (g)	2.62	
Saturated Fat (g)	1.36	
Carbohydrate (g)	14.42	
Total Sugar (g)	11.20	
Lactose (g)	2.41	

Item Tea C		Sugar % 7
Size 22oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	88.81	
Protein (g)	1.75	
Fat (g)	2.14	
Saturated Fat (g)	1.40	
Carbohydrate (g)	12.91	
Total Sugar (g)	9.84	
Lactose (g)	2.83	

Item Tea O		Sugar % 6
Size Canister		Grade C
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	23.92	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	6.25	
Total Sugar (g)	6.25	
Lactose (g)	0.00	

Item Tea		Sugar % 5
Size Canister		Grade B
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	46.36	
Protein (g)	0.37	
Fat (g)	1.46	
Saturated Fat (g)	0.76	
Carbohydrate (g)	7.93	
Total Sugar (g)	6.13	
Lactose (g)	1.36	

Item Tea C		Sugar % 5
Size Canister		Grade B
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	49.94	
Protein (g)	1.10	
Fat (g)	1.35	
Saturated Fat (g)	0.89	
Carbohydrate (g)	8.61	
Total Sugar (g)	6.67	
Lactose (g)	1.79	

Yuan Yang

Item Yuan Yang O		Sugar % 6
Size 6oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	30.98	
Protein (g)	0.44	
Fat (g)	0.19	
Saturated Fat (g)	0.09	
Carbohydrate (g)	7.14	
Total Sugar (g)	6.41	
Lactose (g)	0.00	

Item Yuan Yang		Sugar % 5
Size 6oz		Grade B
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	55.83	
Protein (g)	0.90	
Fat (g)	1.77	
Saturated Fat (g)	0.92	
Carbohydrate (g)	9.06	
Total Sugar (g)	6.36	
Lactose (g)	1.49	

Item Yuan Yang C		Sugar % 4
Size 6oz		Grade B
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	60.42	
Protein (g)	1.77	
Fat (g)	1.83	
Saturated Fat (g)	1.16	
Carbohydrate (g)	9.48	
Total Sugar (g)	6.41	
Lactose (g)	2.16	

Item Yuan Yang O		Sugar % 7
Size 8oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	31.16	
Protein (g)	0.42	
Fat (g)	0.18	
Saturated Fat (g)	0.08	
Carbohydrate (g)	7.23	
Total Sugar (g)	6.54	
Lactose (g)	0.00	

Item Yuan Yang		Sugar % 5
Size 8oz		Grade B
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	54.40	
Protein (g)	0.86	
Fat (g)	1.74	
Saturated Fat (g)	0.90	
Carbohydrate (g)	8.82	
Total Sugar (g)	6.20	
Lactose (g)	1.48	

Item Yuan Yang C		Sugar % 4
Size 8oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	62.85	
Protein (g)	1.91	
Fat (g)	1.98	
Saturated Fat (g)	1.25	
Carbohydrate (g)	9.60	
Total Sugar (g)	6.29	
Lactose (g)	2.35	

Item Yuan Yang O		Sugar % 7
Size 8oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	31.16	
Protein (g)	0.42	
Fat (g)	0.18	
Saturated Fat (g)	0.08	
Carbohydrate (g)	7.23	
Total Sugar (g)	6.54	
Lactose (g)	0.00	

Item Yuan Yang		Sugar % 5
Size 8oz		Grade B
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	54.40	
Protein (g)	0.86	
Fat (g)	1.74	
Saturated Fat (g)	0.90	
Carbohydrate (g)	8.82	
Total Sugar (g)	6.20	
Lactose (g)	1.48	

Item Yuan Yang C		Sugar % 4
Size 8oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	62.85	
Protein (g)	1.91	
Fat (g)	1.98	
Saturated Fat (g)	1.25	
Carbohydrate (g)	9.60	
Total Sugar (g)	6.29	
Lactose (g)	2.35	

Item Yuan Yang O		Sugar % 7
Size 12oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	33.64	
Protein (g)	0.46	
Fat (g)	0.20	
Saturated Fat (g)	0.09	
Carbohydrate (g)	7.78	
Total Sugar (g)	7.02	
Lactose (g)	0.00	

Item Yuan Yang		Sugar % 5
Size 12oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	59.73	
Protein (g)	0.89	
Fat (g)	1.87	
Saturated Fat (g)	0.97	
Carbohydrate (g)	9.82	
Total Sugar (g)	7.02	
Lactose (g)	1.57	

Item Yuan Yang C		Sugar % 5
Size 12oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	59.45	
Protein (g)	1.63	
Fat (g)	1.63	
Saturated Fat (g)	1.03	
Carbohydrate (g)	9.84	
Total Sugar (g)	7.02	
Lactose (g)	1.89	

Item Yuan Yang O		Sugar % 9
Size 12oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	40.96	
Protein (g)	0.38	
Fat (g)	0.17	
Saturated Fat (g)	0.08	

Item Yuan Yang		Sugar % 8
Size 12oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	80.10	
Protein (g)	0.96	
Fat (g)	2.47	
Saturated Fat (g)	1.26	

Item Yuan Yang C		Sugar % 7
Size 12oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	76.64	
Protein (g)	2.00	
Fat (g)	2.15	
Saturated Fat (g)	1.37	

Carbohydrate (g)	9.87
Total Sugar (g)	9.23
Lactose (g)	0.00

Carbohydrate (g)	13.50
Total Sugar (g)	10.01
Lactose (g)	2.08

Carbohydrate (g)	12.71
Total Sugar (g)	9.23
Lactose (g)	2.61

Item Yuan Yang O		Sugar % 9
Size 22oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	40.42	
Protein (g)	0.41	
Fat (g)	0.18	
Saturated Fat (g)	0.08	
Carbohydrate (g)	9.66	
Total Sugar (g)	8.98	
Lactose (g)	0.00	

Item Yuan Yang		Sugar % 9
Size 22oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	90.64	
Protein (g)	1.05	
Fat (g)	2.81	
Saturated Fat (g)	1.44	
Carbohydrate (g)	15.27	
Total Sugar (g)	11.36	
Lactose (g)	2.41	

Item Yuan Yang C		Sugar % 7
Size 22oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	91.72	
Protein (g)	2.05	
Fat (g)	2.23	
Saturated Fat (g)	1.43	
Carbohydrate (g)	13.65	
Total Sugar (g)	9.97	
Lactose (g)	2.83	

Milo

Item Milo O		Sugar % 7
Size 6oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	82.51	
Protein (g)	2.15	
Fat (g)	1.84	
Saturated Fat (g)	0.92	
Carbohydrate (g)	13.99	
Total Sugar (g)	9.20	
Lactose (g)	2.21	

Item Milo		Sugar % 6
Size 6oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	86.05	
Protein (g)	2.26	
Fat (g)	2.24	
Saturated Fat (g)	1.14	
Carbohydrate (g)	13.79	
Total Sugar (g)	8.57	
Lactose (g)	2.61	

Item Milo C		Sugar % 4
Size 6oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	103.83	
Protein (g)	3.34	
Fat (g)	3.41	
Saturated Fat (g)	1.99	
Carbohydrate (g)	14.63	
Total Sugar (g)	7.89	
Lactose (g)	4.32	

Item Milo O		Sugar % 7
Size 8oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	85.39	
Protein (g)	2.24	
Fat (g)	1.92	
Saturated Fat (g)	0.96	
Carbohydrate (g)	14.40	
Total Sugar (g)	9.40	
Lactose (g)	2.31	

Item Milo		Sugar % 6
Size 8oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	87.17	
Protein (g)	2.37	
Fat (g)	2.26	
Saturated Fat (g)	1.16	
Carbohydrate (g)	13.89	
Total Sugar (g)	8.50	
Lactose (g)	2.67	

Item Milo C		Sugar % 4
Size 8oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	105.02	
Protein (g)	3.32	
Fat (g)	3.34	
Saturated Fat (g)	1.92	
Carbohydrate (g)	15.08	
Total Sugar (g)	8.30	
Lactose (g)	4.21	

Item Milo O		Sugar % 7
Size 8oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	

Item Milo		Sugar % 6
Size 8oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	

Item Milo C		Sugar % 4
Size 8oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	

Energy (kcal)	85.39
Protein (g)	2.24
Fat (g)	1.92
Saturated Fat (g)	0.96
Carbohydrate (g)	14.40
Total Sugar (g)	9.40
Lactose (g)	2.31

Energy (kcal)	87.17
Protein (g)	2.37
Fat (g)	2.26
Saturated Fat (g)	1.16
Carbohydrate (g)	13.89
Total Sugar (g)	8.50
Lactose (g)	2.67

Energy (kcal)	105.02
Protein (g)	3.32
Fat (g)	3.34
Saturated Fat (g)	1.92
Carbohydrate (g)	15.08
Total Sugar (g)	8.30
Lactose (g)	4.21

Item Milo O		Sugar % 6
Size 12oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	76.85	
Protein (g)	2.03	
Fat (g)	1.74	
Saturated Fat (g)	0.87	
Carbohydrate (g)	12.93	
Total Sugar (g)	8.41	
Lactose (g)	2.09	

Item Milo		Sugar % 6
Size 12oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	81.64	
Protein (g)	2.16	
Fat (g)	2.15	
Saturated Fat (g)	1.11	
Carbohydrate (g)	13.02	
Total Sugar (g)	8.04	
Lactose (g)	2.51	

Item Milo C		Sugar % 4
Size 12oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	96.16	
Protein (g)	3.07	
Fat (g)	3.10	
Saturated Fat (g)	1.79	
Carbohydrate (g)	13.68	
Total Sugar (g)	7.44	
Lactose (g)	3.91	

Item Milo O		Sugar % 10
Size 12oz		Grade D
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	123.32	
Protein (g)	3.26	
Fat (g)	2.79	
Saturated Fat (g)	1.40	
Carbohydrate (g)	20.74	
Total Sugar (g)	13.49	
Lactose (g)	3.35	

Item Milo		Sugar % 9
Size 12oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	127.54	
Protein (g)	3.31	
Fat (g)	3.26	
Saturated Fat (g)	1.65	
Carbohydrate (g)	20.62	
Total Sugar (g)	12.91	
Lactose (g)	3.77	

Item Milo C		Sugar % 6
Size 12oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	132.17	
Protein (g)	4.06	
Fat (g)	3.98	
Saturated Fat (g)	2.25	
Carbohydrate (g)	19.56	
Total Sugar (g)	11.15	
Lactose (g)	4.98	

Item Milo O		Sugar % 10
Size 22oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	116.37	
Protein (g)	3.00	
Fat (g)	2.57	
Saturated Fat (g)	1.29	
Carbohydrate (g)	19.83	
Total Sugar (g)	13.14	
Lactose (g)	3.09	

Item Milo		Sugar % 9
Size 22oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	121.71	
Protein (g)	3.07	
Fat (g)	3.13	
Saturated Fat (g)	1.58	
Carbohydrate (g)	19.73	
Total Sugar (g)	12.49	
Lactose (g)	3.59	

Item Milo C		Sugar % 6
Size 22oz		Grade C
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	126.51	
Protein (g)	3.81	
Fat (g)	3.74	
Saturated Fat (g)	2.11	
Carbohydrate (g)	18.98	
Total Sugar (g)	11.08	
Lactose (g)	4.68	

Item Milo		Sugar % 6
Size Canister		Grade C
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	80.11	
Protein (g)	2.00	

Fat (g)	2.09
Saturated Fat (g)	1.06
Carbohydrate (g)	12.95
Total Sugar (g)	8.21
Lactose (g)	2.39

Horlicks

Item Horlicks O		Sugar % 8
Size 6oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	75.14	
Protein (g)	1.75	
Fat (g)	0.57	
Saturated Fat (g)	0.33	
Carbohydrate (g)	15.83	
Total Sugar (g)	10.49	
Lactose (g)	2.12	

Item Horlicks		Sugar % 7
Size 6oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	78.90	
Protein (g)	1.87	
Fat (g)	1.01	
Saturated Fat (g)	0.57	
Carbohydrate (g)	15.58	
Total Sugar (g)	9.82	
Lactose (g)	2.52	

Item Horlicks C		Sugar % 5
Size 6oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	96.00	
Protein (g)	2.95	
Fat (g)	2.28	
Saturated Fat (g)	1.46	
Carbohydrate (g)	15.96	
Total Sugar (g)	8.86	
Lactose (g)	4.17	

Item Horlicks O		Sugar % 9
Size 8oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	77.70	
Protein (g)	1.83	
Fat (g)	0.60	
Saturated Fat (g)	0.35	
Carbohydrate (g)	16.32	
Total Sugar (g)	10.75	
Lactose (g)	2.21	

Item Horlicks		Sugar % 7
Size 8oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	79.67	
Protein (g)	1.96	
Fat (g)	0.97	
Saturated Fat (g)	0.56	
Carbohydrate (g)	15.76	
Total Sugar (g)	9.81	
Lactose (g)	2.58	

Item Horlicks C		Sugar % 5
Size 8oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	96.77	
Protein (g)	2.91	
Fat (g)	2.14	
Saturated Fat (g)	1.36	
Carbohydrate (g)	16.52	
Total Sugar (g)	9.35	
Lactose (g)	4.06	

Item Horlicks O		Sugar % 9
Size 8oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	77.70	
Protein (g)	1.83	
Fat (g)	0.60	
Saturated Fat (g)	0.35	
Carbohydrate (g)	16.32	
Total Sugar (g)	10.75	
Lactose (g)	2.21	

Item Horlicks		Sugar % 7
Size 8oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	79.67	
Protein (g)	1.96	
Fat (g)	0.97	
Saturated Fat (g)	0.56	
Carbohydrate (g)	15.76	
Total Sugar (g)	9.81	
Lactose (g)	2.58	

Item Horlicks C		Sugar % 5
Size 8oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	96.77	
Protein (g)	2.91	
Fat (g)	2.14	
Saturated Fat (g)	1.36	
Carbohydrate (g)	16.52	
Total Sugar (g)	9.35	
Lactose (g)	4.06	

Item Horlicks O		Sugar % 8
Size 12oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		

Item Horlicks		Sugar % 7
Size 12oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		

Item Horlicks C		Sugar % 5
Size 12oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		

	Total per 100ml
Energy (kcal)	69.90
Protein (g)	1.65
Fat (g)	0.54
Saturated Fat (g)	0.31
Carbohydrate (g)	14.67
Total Sugar (g)	9.62
Lactose (g)	2.00

	Total per 100ml
Energy (kcal)	74.93
Protein (g)	1.80
Fat (g)	0.99
Saturated Fat (g)	0.57
Carbohydrate (g)	14.69
Total Sugar (g)	9.22
Lactose (g)	2.43

	Total per 100ml
Energy (kcal)	88.87
Protein (g)	2.70
Fat (g)	2.01
Saturated Fat (g)	1.28
Carbohydrate (g)	15.03
Total Sugar (g)	8.41
Lactose (g)	3.78

Item Horlicks O Size 12oz Hot/Cold Iced		Sugar % 12 Grade D
	Total per 100ml	
Energy (kcal)	112.16	
Protein (g)	2.65	
Fat (g)	0.87	
Saturated Fat (g)	0.50	
Carbohydrate (g)	23.53	
Total Sugar (g)	15.44	
Lactose (g)	3.21	

Item Horlicks Size 12oz Hot/Cold Iced		Sugar % 11 Grade D
	Total per 100ml	
Energy (kcal)	116.78	
Protein (g)	2.73	
Fat (g)	1.40	
Saturated Fat (g)	0.79	
Carbohydrate (g)	23.31	
Total Sugar (g)	14.80	
Lactose (g)	3.64	

Item Horlicks C Size 12oz Hot/Cold Iced		Sugar % 8 Grade C
	Total per 100ml	
Energy (kcal)	120.62	
Protein (g)	3.49	
Fat (g)	2.34	
Saturated Fat (g)	1.48	
Carbohydrate (g)	21.45	
Total Sugar (g)	12.53	
Lactose (g)	4.77	

Item Horlicks O Size 22oz Hot/Cold Iced		Sugar % 12 Grade D
	Total per 100ml	
Energy (kcal)	106.08	
Protein (g)	2.44	
Fat (g)	0.80	
Saturated Fat (g)	0.46	
Carbohydrate (g)	22.40	
Total Sugar (g)	14.94	
Lactose (g)	2.96	

Item Horlicks Size 22oz Hot/Cold Iced		Sugar % 11 Grade D
	Total per 100ml	
Energy (kcal)	111.85	
Protein (g)	2.53	
Fat (g)	1.43	
Saturated Fat (g)	0.80	
Carbohydrate (g)	22.20	
Total Sugar (g)	14.22	
Lactose (g)	3.47	

Item Horlicks C Size 22oz Hot/Cold Iced		Sugar % 8 Grade C
	Total per 100ml	
Energy (kcal)	115.07	
Protein (g)	3.26	
Fat (g)	2.19	
Saturated Fat (g)	1.39	
Carbohydrate (g)	20.65	
Total Sugar (g)	12.31	
Lactose (g)	4.46	

Item Horlicks Size Canister Hot/Cold Hot		Sugar % 7 Grade C
	Total per 100ml	
Energy (kcal)	73.79	
Protein (g)	1.66	
Fat (g)	1.00	
Saturated Fat (g)	0.56	
Carbohydrate (g)	14.53	
Total Sugar (g)	9.32	
Lactose (g)	2.31	

Ginger Tea

Item Ginger Tea O Size 6oz Dine In/Takeaway Dine In Hot/Cold Hot		Sugar % 6 Grade C
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Item Ginger Milk Tea Size 6oz Dine In/Takeaway Dine In Hot/Cold Hot		Sugar % 2 Grade B
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Item Ginger Tea C Size 6oz Dine In/Takeaway Dine In Hot/Cold Hot		Sugar % 4 Grade B
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	Total per 100ml
Energy (kcal)	48.92
Protein (g)	0.00
Fat (g)	0.00
Saturated Fat (g)	0.00
Carbohydrate (g)	6.55
Total Sugar (g)	6.25
Lactose (g)	0.00

	Total per 100ml
Energy (kcal)	51.25
Protein (g)	0.25
Fat (g)	0.82
Saturated Fat (g)	0.44
Carbohydrate (g)	4.48
Total Sugar (g)	3.14
Lactose (g)	0.79

	Total per 100ml
Energy (kcal)	73.75
Protein (g)	1.25
Fat (g)	1.54
Saturated Fat (g)	1.01
Carbohydrate (g)	8.37
Total Sugar (g)	5.88
Lactose (g)	2.03

Item Ginger Tea O Sugar % 6	
Size 8oz Grade C	
Dine In/Takeaway Dine In	
Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	48.92
Protein (g)	0.00
Fat (g)	0.00
Saturated Fat (g)	0.00
Carbohydrate (g)	6.55
Total Sugar (g)	6.25
Lactose (g)	0.00

Item Ginger Milk Tea Sugar % 4	
Size 8oz Grade B	
Dine In/Takeaway Dine In	
Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	68.64
Protein (g)	0.43
Fat (g)	1.46
Saturated Fat (g)	0.77
Carbohydrate (g)	7.79
Total Sugar (g)	5.69
Lactose (g)	1.40

Item Ginger Tea C Sugar % 4	
Size 8oz Grade B	
Dine In/Takeaway Dine In	
Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	72.09
Protein (g)	1.14
Fat (g)	1.39
Saturated Fat (g)	0.91
Carbohydrate (g)	8.29
Total Sugar (g)	6.00
Lactose (g)	1.84

Item Ginger Tea O Sugar % 7	
Size 8oz Grade C	
Dine In/Takeaway Takeaway	
Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	48.92
Protein (g)	0.00
Fat (g)	0.00
Saturated Fat (g)	0.00
Carbohydrate (g)	6.55
Total Sugar (g)	6.25
Lactose (g)	0.00

Item Ginger Milk Tea Sugar % 4	
Size 8oz Grade B	
Dine In/Takeaway Takeaway	
Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	68.64
Protein (g)	0.43
Fat (g)	1.46
Saturated Fat (g)	0.77
Carbohydrate (g)	7.79
Total Sugar (g)	5.69
Lactose (g)	1.40

Item Ginger Tea C Sugar % 4	
Size 8oz Grade B	
Dine In/Takeaway Takeaway	
Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	72.09
Protein (g)	1.14
Fat (g)	1.39
Saturated Fat (g)	0.91
Carbohydrate (g)	8.29
Total Sugar (g)	6.00
Lactose (g)	1.84

Item Ginger Tea O Sugar % 7	
Size 12oz Grade C	
Dine In/Takeaway Takeaway	
Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	54.36
Protein (g)	0.00
Fat (g)	0.00
Saturated Fat (g)	0.00
Carbohydrate (g)	7.28
Total Sugar (g)	6.94
Lactose (g)	0.00

Item Ginger Milk Tea Sugar % 4	
Size 12oz Grade B	
Dine In/Takeaway Takeaway	
Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	73.25
Protein (g)	0.40
Fat (g)	1.47
Saturated Fat (g)	0.77
Carbohydrate (g)	8.00
Total Sugar (g)	5.92
Lactose (g)	1.39

Item Ginger Tea C Sugar % 5	
Size 12oz Grade C	
Dine In/Takeaway Takeaway	
Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	76.29
Protein (g)	1.12
Fat (g)	1.37
Saturated Fat (g)	0.90
Carbohydrate (g)	8.87
Total Sugar (g)	6.58
Lactose (g)	1.82

Item Ginger Milk Tea Sugar % 7	
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Item Ginger Water Size 12oz Hot/Cold Iced		Sugar % 0 Grade C
	Total per 100ml	
Energy (kcal)	97.35	
Protein (g)	0.59	
Fat (g)	2.20	
Saturated Fat (g)	1.15	
Carbohydrate (g)	11.96	
Total Sugar (g)	9.01	
Lactose (g)	2.07	

Item Ginger Milk Tea Size 22oz Hot/Cold Iced		Sugar % 8 Grade C
	Total per 100ml	
Energy (kcal)	108.18	
Protein (g)	0.58	
Fat (g)	2.42	
Saturated Fat (g)	1.25	
Carbohydrate (g)	13.53	
Total Sugar (g)	10.34	
Lactose (g)	2.23	

Ginger Water

Item Ginger Water Size 6oz Dine In/Takeaway Dine In Hot/Cold Hot		Sugar % 0 Grade A
	Total per 100ml	
Energy (kcal)	25.00	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	0.30	
Total Sugar (g)	0.00	
Lactose (g)	0.00	

Item Ginger Water Size 8oz Dine In/Takeaway Dine In Hot/Cold Hot		Sugar % 0 Grade A
	Total per 100ml	
Energy (kcal)	22.64	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	0.27	
Total Sugar (g)	0.00	
Lactose (g)	0.00	

Item Ginger Water Size 8oz Dine In/Takeaway Takeaway Hot/Cold Hot		Sugar % 0 Grade A
	Total per 100ml	
Energy (kcal)	22.64	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	0.27	
Total Sugar (g)	0.00	
Lactose (g)	0.00	

Item Ginger Water Size 12oz Dine In/Takeaway Takeaway Hot/Cold Hot		Sugar % 0 Grade A
	Total per 100ml	
Energy (kcal)	28.57	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	0.34	
Total Sugar (g)	0.00	
Lactose (g)	0.00	

Soya Series

Soya Milk Item Coffee O Size 12oz Hot/Cold Iced		Sugar % 4 Grade B
	Total per 100ml	
Energy (kcal)	48.92	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	6.55	
Total Sugar (g)	6.25	
Lactose (g)	0.00	

Soya Milk Item Coffee O Size 22oz Hot/Cold Iced		Sugar % 4 Grade B
	Total per 100ml	
Energy (kcal)	17.28	
Protein (g)	1.65	
Fat (g)	0.61	
Saturated Fat (g)	0.35	
Carbohydrate (g)	10.81	
Total Sugar (g)	4.38	
Lactose (g)	0.00	

Item Soya Milk Coffee Size 12oz Hot/Cold Iced		Sugar % 7 Grade C
	Total per 100ml	
Energy (kcal)	48.14	
Protein (g)	1.73	
Fat (g)	1.61	
Saturated Fat (g)	0.88	
Carbohydrate (g)	15.13	
Total Sugar (g)	8.14	
Lactose (g)	1.03	

Item Soya Milk Coffee Size 22oz Hot/Cold Iced		Sugar % 7 Grade C
	Total per 100ml	
Energy (kcal)	49.60	
Protein (g)	1.81	
Fat (g)	1.68	
Saturated Fat (g)	0.92	
Carbohydrate (g)	15.20	
Total Sugar (g)	8.10	
Lactose (g)	1.11	

Item Soya Milk Tea O Size 12oz Hot/Cold Iced		Sugar % 4 Grade B
	Total per 100ml	
Energy (kcal)	7.50	
Protein (g)	1.04	
Fat (g)	0.35	
Saturated Fat (g)	0.23	
Carbohydrate (g)	9.58	
Total Sugar (g)	4.15	
Lactose (g)	0.00	

Item Soya Milk Tea O Size 22oz Hot/Cold Iced		Sugar % 4 Grade B
	Total per 100ml	
Energy (kcal)	7.50	
Protein (g)	1.04	
Fat (g)	0.35	
Saturated Fat (g)	0.23	
Carbohydrate (g)	9.58	
Total Sugar (g)	4.15	
Lactose (g)	0.00	

Item Soya Milk Tea Size 12oz Hot/Cold Iced		Sugar % 7 Grade C
	Total per 100ml	
Energy (kcal)	40.11	
Protein (g)	1.23	
Fat (g)	1.39	
Saturated Fat (g)	0.78	
Carbohydrate (g)	14.12	
Total Sugar (g)	7.96	
Lactose (g)	1.03	

Item Soya Milk Tea Size 22oz Hot/Cold Iced		Sugar % 7 Grade C
	Total per 100ml	
Energy (kcal)	40.97	
Protein (g)	1.28	
Fat (g)	1.44	
Saturated Fat (g)	0.81	
Carbohydrate (g)	14.11	
Total Sugar (g)	7.90	
Lactose (g)	1.11	

Buzzy Honey Lemon

Item Buzzy Honey Lemon		Sugar % 10
Size 8oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	52.13	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	9.32	
Total Sugar (g)	9.32	
Lactose (g)	0.00	

Item Buzzy Honey Lemon		Sugar % 10
Size 12oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	45.65	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	9.78	
Total Sugar (g)	9.78	
Lactose (g)	0.00	

Item Buzzy Honey Lemon		Sugar % 16
Size 12oz		Grade D
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	58.33	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	16.15	
Total Sugar (g)	16.15	
Lactose (g)	0.00	

Item Buzzy Honey Lemon		Sugar % 15
Size 22oz		Grade D
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	58.33	
Protein (g)	0.00	
Fat (g)	0.00	
Saturated Fat (g)	0.00	
Carbohydrate (g)	15.28	
Total Sugar (g)	15.28	
Lactose (g)	0.00	

Lemon Tea

Item Lemon Tea		Sugar % 6
Size 8oz		Grade C
Dine In/Takeaway Dine In		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	24.89	
Protein (g)	0.02	
Fat (g)	0.01	
Saturated Fat (g)	0.00	
Carbohydrate (g)	6.47	
Total Sugar (g)	6.47	
Lactose (g)	0.00	

Item Lemon Tea		Sugar % 7
Size 12oz		Grade C
Dine In/Takeaway Takeaway		
Hot/Cold Hot		
	Total per 100ml	
Energy (kcal)	27.58	
Protein (g)	0.02	
Fat (g)	0.01	
Saturated Fat (g)	0.00	
Carbohydrate (g)	7.17	
Total Sugar (g)	7.17	
Lactose (g)	0.00	

Item Lemon Tea		Sugar % 17
Size 12oz		Grade D
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	66.57	
Protein (g)	0.04	
Fat (g)	0.02	
Saturated Fat (g)	0.00	
Carbohydrate (g)	17.31	
Total Sugar (g)	17.31	
Lactose (g)	0.00	

Item Lemon Tea		Sugar % 17
Size 22oz		Grade D
Hot/Cold Iced		
	Total per 100ml	
Energy (kcal)	66.57	
Protein (g)	0.04	
Fat (g)	0.01	
Saturated Fat (g)	0.00	
Carbohydrate (g)	17.31	
Total Sugar (g)	17.31	

Lactose (g)	0.00
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Silkyz Barley

Item Silkyz Barley Sugar % 5 Size 8oz Grade C Dine In/Takeaway Dine In Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	35.76
Protein (g)	0.64
Fat (g)	0.11
Saturated Fat (g)	0.05
Carbohydrate (g)	8.35
Total Sugar (g)	5.22
Lactose (g)	0.00

Item Silkyz Barley Sugar % 5 Size 12oz Grade C Dine In/Takeaway Takeaway Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	35.76
Protein (g)	0.64
Fat (g)	0.11
Saturated Fat (g)	0.05
Carbohydrate (g)	8.35
Total Sugar (g)	5.22
Lactose (g)	0.00

Item Silkyz Barley Sugar % 7 Size 12oz Grade C Hot/Cold Iced	
	Total per 100ml
Energy (kcal)	47.68
Protein (g)	0.86
Fat (g)	0.14
Saturated Fat (g)	0.06
Carbohydrate (g)	11.14
Total Sugar (g)	6.96
Lactose (g)	0.00

Item Silkyz Barley Sugar % 7 Size 22oz Grade C Hot/Cold Iced	
	Total per 100ml
Energy (kcal)	47.68
Protein (g)	0.86
Fat (g)	0.14
Saturated Fat (g)	0.06
Carbohydrate (g)	11.14
Total Sugar (g)	6.96
Lactose (g)	0.00

Barley

Item Barley Sugar % 5 Size 8oz Grade C Dine In/Takeaway Dine In Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	35.04
Protein (g)	0.41
Fat (g)	0.06
Saturated Fat (g)	0.01
Carbohydrate (g)	8.46
Total Sugar (g)	5.33
Lactose (g)	0.00

Item Barley Sugar % 5 Size 12oz Grade C Dine In/Takeaway Takeaway Hot/Cold Hot	
	Total per 100ml
Energy (kcal)	35.04
Protein (g)	0.41
Fat (g)	0.06
Saturated Fat (g)	0.01
Carbohydrate (g)	8.46
Total Sugar (g)	5.33
Lactose (g)	0.00

Item Barley Sugar % 7 Size 12oz Grade C Hot/Cold Iced	
	Total per 100ml
Energy (kcal)	46.73
Protein (g)	0.54
Fat (g)	0.08
Saturated Fat (g)	0.01
Carbohydrate (g)	11.28
Total Sugar (g)	7.10
Lactose (g)	0.00

Item Barley Sugar % 7 Size 22oz Grade C Hot/Cold Iced	
	Total per 100ml
Energy (kcal)	46.73
Protein (g)	0.54
Fat (g)	0.08
Saturated Fat (g)	0.01

Carbohydrate (g)	11.28
Total Sugar (g)	7.10
Lactose (g)	0.00